

Webster View



Welcome to our new Food Service Coordinator:

Edward Molyneaux

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I am Edward M. I'm 32 years old and I was born and raised in Boston, MA. What brought me to Webster House was my affinity for giving back to the communities that help me mold me into the man I am today. The biggest difference between me becoming my best self, and being just another statistic was the kindness and close care I received from people who owed me nothing — but still cared enough to not let me fall by the wayside. I am deeply passionate about the humanities, so much so that the first college degree I ever received was an Associate of the Arts in Humanities. Of all the courses I took in school, those that fell under the humanities umbrella seemed to be the most relatable and informative. I have always wanted to do direct care because this is the best way to help rehabilitate people with an array of illnesses, and get the most out of all that I've learned through education and experiences. The challenge of helping someone become their best self is one I accept with immense pride and almost feels like my calling in life, thus making it like a natural instinct.

746 South Street. Roslindale

MA 02131

www.websterclubhouse.org

Follow us on Facebook:

WEBSTER HOUSE

WEEKLY SCHEDULE...

TO ATTEND

BY ZOOM:

Open Zoom app on phone or computer
Press "Join a Meeting" (blue button)
Enter code **581 638 5985**

BY PHONE:

Dial (929) 205 6099
Type in **581 638 5985** then press #

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning	9:30 a.m. Morning Meeting+ Meal Planning In Person /Zoom	9:30 a.m. Morning Meeting In Person /Zoom	9:30 a.m. Morning Meeting In Person/ Zoom	9:30 a.m. Morning Meeting In Person/ Zoom	9:30 a.m. Morning Meeting In Person /Zoom	10:00 a.m. Saturday Social In Person
	10:30a.m. Meditation In Person/ Zoom 11:00a.m. Employment Meeting 12 Noon Lunch	11:00a.m. News Letter Meeting In Person / Zoom 12 Noon Lunch	10:00 a.m. Health & Wellness 12 Noon Lunch	10:00 am Member Led Art Workshop 12 Noon Lunch	11:00 a.m. Peer Support Group In Person / Zoom 12 Noon Lunch	10:30 a.m. Saturday Social Peer Group Zoom/ In Person 11:15 a.m. Lunch
		1:30 p.m. Clubhouse Meeting In Person / Zoom	1:30 p.m. Social Planning Meeting			ASK US ABOUT THE MEMBER RUN ZOOM GROUP HELD ON SUNDAYS STARTING AT 2:00PM
Afternoon	2:00 p.m. Coffee Hour	2:00 p.m. Walking group/ Zumba with Denise in Person	2:00 p.m. Social Activities	2:00 p.m. Movies	2:00 p.m. Creative Writing In Person / Zoom & Social Activities	

Fall Updates



Intake, Orientation, Outreach, and Housing Unit



Recently, the Intake Unit welcomed the following new and returning members: Caray, Elizabeth, April, Daniel, and Arnold.

We are also awaiting the arrival of a new staff member in the Intake unit, Chaunte McKoy. She has been hired to work as one of the Intake Coordinators in the Intake Unit. If you see Chaunte around, please help us welcome her.

We are also in the process of calling and scheduling prospective members for tour appointments, so if you are interested in assisting us with providing an onsite, or virtual tour, or just placing outreach calls please let us know as we are always looking for the extra help. Also, if you know of a peer that can use some outreach let us know.

For those members that are not able to make it into Webster House, but would still enjoy joining us via Zoom the groups latest schedule in full is on the previous page (page2)

On another note: because of Covid protocols we are still limiting the number of visitors in the building. We are also encouraging folks to schedule meetings with their workers outside of Webster House. While at Webster House, please continue to follow Covid protocols, **wear a mask covering both mouth and nose at all times** (except when eating lunch) and maintain proper social distancing.

Art Unit Updates

Art Coordinator, Farra Pierre, and Culinary Specialist, Edward Molyneaux, & member Sarah E. greeted locals on December 9th as part of Roslindale's Holiday Market. They strung up Christmas lights around the front door and played holiday tunes to welcome customers walking by. As part of Webster House's annual tradition, holiday cards were sold; this year artist Mark K.'s work was featured on the cards. Much of the purchases made were also for holiday cards from previous years. We were able to explain Webster House's mission to those passing by, as well as discuss events happening at the club. Customers were especially interested in the art exhibit (which will be up until end of February 2022) and our featured artist, Karen S. Exciting things are happening and will continue to happen in the Art Unit. As we prepare for the holidays, workshops are taking place to encourage participation in the unit. Members of Webster House decorated the entire club by putting up the holiday tree and decor. As the year comes to an end, the Art Unit is taking stock of items that can be purchased for the new year to make room for new projects. One workshop coming up is a workshop on Printmaking by Sarah E. We're reflecting on all that we've been able to do this year, and we hope to be able to do much more in 2022.

By Farra

Arts Facilitator & Clubhouse Counselor

EMPLOYMENT



We have exciting news in the Employment Unit.

A new Employment Board was set up in the Social area of the club that includes an Employee Spotlight, newsletters focusing on Employment news plus statistics on the percentage of members that are currently employed. This month's spotlight is Normary, who not only secured a job but also is getting training for Peer Support at the Nan Project. Congratulations to her.

Also Will P., our Communications Unit Coordinator is joining the Employment Unit and will be working with Grey, as they are focusing on Employment and Education opportunities for our members and helping them in every way for their job search and resume's and other assistance as needed.

Congratulations to Cherie Meade who is starting a new job at J. Crew. We wish her all good things as she embarks on this new journey. Also, Meskerem A./ Stephen H./ Daniel C. have all started their own job search, and we wish all of them good luck in finding what they are looking for and we will support them in every way.

Finally, a new white board to celebrate employed members has gone up in the employment Unit and also we would like feedback from job seekers as to where they want to be.

Communications And Social Units



Greetings Webster House Family,

As you all know, today is my last day working here at Webster House. These past two years have been truly amazing. Thank you all for allowing me to be a part of this family... At the time, I was just a guy trying to figure out what I wanted to do in life. Getting this job and being able to be a part of the Webster House Family is something I will always cherish and never forget. Not only did I make a lot of friends here, but I also became family with people too. Webster House has made me fall in love with working in this field and my passion for wanting to help people has increased more since taking this position back in September of 2019. Now I am looking forward to taking my experiences and using them in my new journey with Vinfen on the ACCS team. The Webster House Family will always have a special place in my heart. This is not a goodbye, please keep in touch with me and I will keep in touch with you all as well. I have this same email going into my new job, so don't hesitate to reach out to me by email. Wishing you all nothing but the best.

Thank you for allowing me to be a part of your family,

Manny



Do You Know Your Rights? It's Important That You Do!

Part 1

- ◆ The right to be treated with dignity and respect and to receive adequate and humane treatment:
- ◆ The right to be free from verbal, non-verbal, mental, physical abuse, sexual abuse, exploitation and neglect:
- ◆ The right to be free from intentional or unauthorized use of force or restraint:
- ◆ The right to be free from discrimination (race ,creed, religion, color, ethnicity, sex, sexual orientation, gender identity, age, national origin, ancestry, physical or mental handicap, or degree of disability):
- ◆ The right to choose what you want to believe and how you want to practice your religious beliefs:
- ◆ The right to vote and assistance to do so, unless a minor or under guardianship which expressly restricts such right:
- ◆ The right to access quality services and in the least restrictive setting:
- ◆ The right to a service agreement and to receive the services referenced therein:
- ◆ The right to be an active participant in your individualized and person- centered treatment planning and the right to invite others of your choosing to also be participants in your treatment planning:
- ◆ The right to services which promote independence and personal choice and promote full participation in one community
- ◆ The right to communicate, including the right to have reasonable access to a telephone and to make and receive confidential calls and to assistance, provided such calls do not constitute a criminal act or represent an infringement of other persons rights to make and receive telephone calls:
- ◆ The right to send and receive mail, to be provided with writing materials and postage in reasonable amounts, and to reasonable assistance when desired and necessary in writing, addressing and posting letters and other documents:
- ◆ The right to be visited and visit with others daily and in private:
- ◆ The right to receive or refuse visits and telephone calls from an attorney or legal advocate, physician, psychologist, clergy, or social worker at any reasonable time:
- ◆ The right to be represented by an attorney or advocate of your choice, including the right to meet in a private area at the program with an attorney or advocate:
- ◆ The right to complain about alleged violation of rights and to have complaints responded to in accordance with the funding source requirements and not to be retaliated against:
- ◆ The right to access your medical records and to receive a copy of such records in accordance with the law:

Continued next page



Do You Know Your Rights? Its Important That You Do! Part 2

- ◆ The right to privacy and confidentiality of all records and communications, including the right to give consent, prior to release of information, except as otherwise provided by law:
- ◆ The right to be informed and give consent with the understanding that you are free to choose or refuse any available alternative and that the choice is free from all coercion:
- ◆ The right to be informed of specific program rules and affect the way the program operates:
- ◆ The right to refuse to be examined, observed, or treated by students or any other program staff without jeopardizing access to psychiatric, psychological, or any other medical care and attention:
- ◆ The right to refuse to serve as a research subject and to refuse any care or examination wherein the primary purpose is to education or informational rather than therapeutic:
- ◆ The right to have privacy during medical treatment or other rendering of care within the capacity of the program, as well as access to private space:
- ◆ The right to refuse medications and treatments(except if legally deemed to be otherwise):
- ◆ The right to manage your money as you please, unless you have a Financial Administrator or Conservator. As long as you meet your financial obligations, you will be able to manage your own money:
- ◆ The right to keep your private possessions here (as long as they are not unusually valuable or potentially dangerous):
- ◆ The right to be free from financial or other exploitation:
- ◆ The right to referral for medical care and services in a prompt and timely manner, as well as the right to consultation and second opinion at your own expense:
- ◆ The right to be informed about and to receive assistance in coordinating your care with treatment received from other programs, mental health centers, or physicians. You have the right to freedom of choice in the selection of a facility, or health services mode, except in the case of emergency treatment or as otherwise provided by a contract between the program and the person served:
- ◆ The right to generic integrated services whenever possible or being able to access the same community services typically accessed by others without disabilities:
- ◆ The right to education and training:
- ◆ The right to reasonable daily access to the outdoors, as weather conditions permit, in a manner consistent with your clinical condition and safety:
- ◆ The right to notice before termination of services and right to notice of suspension:
- ◆ In the Psychiatric Rehabilitation Division, as applicable, the right to the protections under the Community Residence Tenancy Law.



Creative Writings

Motor-Psychos by Ken P. Part2

(Continued from last edition)

However, she scouted good souls and didn't wait around. She knew souls in transition had both the pure angelic sense we're born with and cynicism we die with-or rather from. Souls were anxious to board any spacecraft ethermobile, especially if the drivers offered rides to the promised land. But many of these fallen angels wanted false credit for false promises, no matter if the lands their passengers were taken to detours from where they would thrive for better or worse.

Nancy, spotted some souls that experienced too much misery for their first incarnation: some people borne into a famine-ravaged country not identified in the maps of their fascist world. Her oracle-like glasses revealed they were divine messengers thrown into a war-torn environment with little resources. No support because their countrymen, once the purest of Earth's tribes- with little resources. No support because their countrymen, once the purist of earth's tribes-with potential to be it's leaders were too corrupted by crime, fear, and other soul sabotage by intelligence agencies. Even God's chosen never stood a chance in such inhumanity. She knew all their tricks because she used to be the very agent who mentored culture saboteurs from the future.

"I'll take them where they should never have left because the world doesn't want to help itself, not unlike an addict or maniac in denial". The souls flickered like candle flames that couldn't be blown out before the countless wheels which blurred as one. They felt like they were in a reverse-suction black hole, being pulled out from the Event Horizon, though their vertigo and sensory overload made them doubt their safety. "Hop in yelled Nancy. I'll take you to where you don't know where you want to go"! There was no doubting her anti-common charisma.

"Ok fellows, sit back and see hell warp away ha ha, Satan and what man, we won't miss ya, cause we never knew ya. And you'll never know yourselves though you need everyone to believe that you know it all. The true ones know what you think they know and you know because they had no choice but to explore themselves"! She screamed womaniacally as they sped through wormhole highway tunnels and circled around time portal intervals. Wow, a lifetime of police brutality, civil wars, and poverty is eradicated by a few rides around the galaxy, the spirits thought, or rather sensed with someone else. Cosmic particles, dust, radiation, nebulae, solar flares, and other residue is everyone's past and future biology. We now understand why it was indecipherable to our Earthly technologies and sciences, it's our cosmic transplants waiting for us when we're ready.

Conclusion next edition

Sara E. is sharing a great life's quote:

The quote is: "The secret of life though, is to fall seven times and get up 8 times"—Paulo Coellio

It's a philosophy she likes to live by. Thank you Sara E. for sharing that important philosophy with us.



Honoring My Mother

By Juliana Rose Part2

(Continued from last edition)

I was also diagnosed with gender identity disorder, a now antiquated term that today is called “transgender”. It is not a mental disorder at all, but simply occurs every now and then to babies during fetal development. The brain of the baby diverges from the way other areas of the body are forming, which creates a natural variation and the baby is born with the brain, spirit, and soul of one sex and the reproductive system of the other. It is not actually that uncommon. Astonishingly, transgender life is found throughout nature as well in humans. There are sea creatures known to change sex. For example, in a school of clownfish, a male fish changes into a female fish to replace the matriarch of the group.

I’ve known that I was a girl and not a boy since I was 4 years old. It is one of my earliest memories, next to being afraid of the sound of motorcycles in Staten Island. I told my mother in 1989 that I was a girl. Back then there was not anything you could do, and so I languished. Today, I may have been able to be freed much earlier in life, which would have joined my brain to my body before puberty like the overwhelming majority of children.

When I dress up as a woman, I see angles and essences of my mother, and it is both endearing and heartbreaking at the same time since she has not been alive for 20 whole years. The estrogen I take 3 times a day is building off of her genetic code— and in some way, my mother is still alive - her legacy is still here, and I know that I want to do a lot of good in this world so that I can honor her memory.

Loving yourself is one thing I have never been able to do. I hold a very low opinion of myself, mostly the way I look, and I have no self-worth. Confidence is hard to create, especially if you’ve ever felt trapped or stuck or lost.

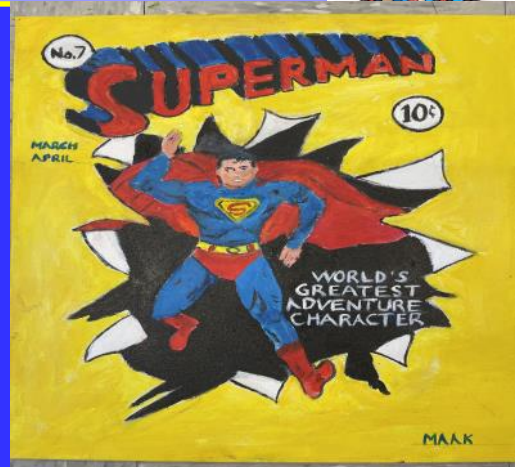
So, as I continue on my journey, I must look towards my mother’s life, the way she lived it, and the courage, strength, conviction, and passion she had, and try my best to overcome my own fears and truly become my mother’s daughter.



Creative Arts



By Sara E.



By Mark K.



By Hilde C.



By Karen S.



*By
Karen
S.*



*Thoughts about the ICCD Virtual World Conference.**Part 1 of 3**By AL H.*

The ICCD Conference was held between Oct. 4th – Oct. 8th with different forums all day and evening along with social activities. The first forum I attended was: **The Clubhouse Recovery Journey: The Power of Belonging and Contributing to a Clubhouse.** What struck me about this forum was how the Clubhouse uses video tours to show people how working side by side in a working and supportive environment to do the clubhouse work is so beneficial in developing excellent Peer relationships, which make the clubhouse stronger and very much helps the members in their recovery. Members shared stories of their journey to recovery in which the clubhouse was with them every step of the way, forward and backwards.

The most important role in the Clubhouse in my opinion, is the Director, because it's the director that sets the tone for staff and members on how the clubhouse is going to work. With staff and members as equals working together to create a vibrant working and supportive relationship. A true Clubhouse is Peer model run and puts people first — because Clubhouses are dependent on members working side by side with staff to make a successful Clubhouse.

Also, staying updated on the needs of the Clubhouse and the individual needs of our members is a must. Members and Staff make important Clubhouse decisions together concerning the running of the Clubhouse and any decision that's made is made by consensus of members and staff together. This helps the members feel like they belong and are empowered, which is so important to a members recovery — I can personally attest to that fact. The sharing of information is so very important, so that members can make informed opinions about the workings of the clubhouse — and having no hierarchy makes it a lot easier to work together with staff to do the work of the clubhouse — not to mention it's easier and better for support.

Another factor is acceptance as a part of growth. You can fail and instead of feeling miserable about it, you will still be accepted and supported. This way, people can get back up afterwards and try again without fear of failure. Failure is part of learning and growth, and being accepted and supported makes that process so much easier — and is so healthy for members and frankly, staff too.

One more thing is that there is no member only or staff only meetings to discuss how the clubhouse should be, or decisions made about operations. That would be part of the "Space standard". That is what I got out of that forum, The Clubhouse Recovery Journey: The Power of Belonging and Contributing to Clubhouse.

(Part 2, The Post Pandemic Clubhouse: Rebooting your work ordered day: in the next issue)

Art meets Entrepreneurship

By Forty-Seven

On Thursday, December 9th Webster House sold xx amount of Christmas Cards. Art Coordinator, Farra Pierre, and our new cook Edward Molyneaux greeted locals buying cards ,strung some Christmas lights around the front door and played holiday tunes from a laptop to bring community to our sale. Several members — Sarah E., Brian M. and myself helped to sell the cards, which featured the artwork of Mark K. and Hilde D., and there was a lot of interest about Webster's role in the community. We fielded some questions about what Webster House does and if we provide art classes. We were able to let them know of the clubs mission and invite them to schedule an appointment to attend our current gallery show — whose featured artist is Karen Simmons. It was a positive experience.

Pandemic: How its affecting Webster House

By Vinnie Taylor

These are the changes here at Webster House that had to be done due to the Pandemic. We have to wear masks at all times except for when we eat lunch, and even then we must maintain 6 feet apart. No drinking inside of the building except for at lunch time. We have to drink outside. Not being able to have the morning coffee here like we used too is very disappointing. We used to be able to get our day going with coffee, but now things are a bit harder. This whole year and a half has been very hard on me and all of us here at the clubhouse. I'm dealing with it, but it keeps getting harder and harder.

New Member Spotlight:

By Daniel C.

How did I learn about Webster House? I first learned about Webster House through my sister after she searched for the program online.

What do you think about the clubhouse? What I think about the clubhouse so far, is that everyone is very friendly with each other. Because we get along with each other, we also learn from each other.

What are some of your accomplishments? My first accomplishment is that I graduated from high school 5 years ago.

What are your future plans? I plan to get a part time job, and find a nice place to live.

What do you enjoy doing in your free time? I go to the gym. Run around the neighborhood or a track, Cleaning my household.

What would you like members to know about you? I'm a nice guy who likes to work with people and I'm always willing to help others.

How can the clubhouse best support you? The clubhouse can best support me by providing me with new opportunities for me to grow. They can also help by trying to help me deal with the disability I have, and to give me the best advice and support that can help me grow in life.

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Webster House Art Show Picture of Farra our Arts Coordinator, Front & Center



Karen S. — Our featured artist

Webster House is a Vinfen Program



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